## 2025-26 Extra-curricular activities for Term 1

	Mon	Tue	Wed	Thu	Fri	
1:00 – 1:45 PM	Homework & Revision	Homework & Revision	Homework & Revision	Homework & Revision	Homework & Revision	
1:45 – 2:00PM	Toilet & Play Time					
2:00 – 2:45PM	Cooking	Physical Education	Science	Yoga & Dance	Show & Tell Story Telling (English, Cantonese, PTH)	
2:45 – 3:30 PM	Mathematics	Chinese Language Enhancement & Interview Class	Putonghua Language Enhancement & Interview Class	English Language Enhancement & Interview Class	Art	

Classes will start on 8<sup>th</sup> September 2025 and follow the OEK school calendar until 30<sup>th</sup> January 2026 (18 weeks). Lunch arrangements: Parents may send in lunch with children to eat in school under teacher's supervision. There will be no make-up class for those classes that are cancelled due to bad weather or falls on a public holiday or special event. There is 1 hour free-parking available at Wonderland Villas carpark for pick-up and drop-off.

Please choose and fill in the form with 2 cheques payable to "LANGUAGE SERVICES INTERNATIONAL (ESL)" by 3<sup>rd</sup> September 2025. The second payment cheque can be postdated for 20<sup>th</sup> October 2025. A minimum of 3 days must be selected. Please circle your option below.

Option (circle) 3 days		4 days	5 days				
Please write your choice of days:	//	///////	Mon - Fri				
	18 Weeks (start on 8/9/2025 and follow the OEK school calendar until 30/1/2026)						
TOTAL	\$15120	\$18000	\$20250				
	(\$280 per day for 3 classes)	(\$250 per day for 3 classes)	(\$225 per day for 3 classes)				
1 <sup>st</sup> Payment due 3/9/2025	\$7560	\$9000	\$10125				
2 <sup>nd</sup> Payment due 17/11/2025	\$7560	\$9000	\$10125				
Name:		Class:					
Contact number:		Cheque no.					
Parent's signature:		Date:					
School/Shuttle bus ser	rvice: Yes	No					

Homework & Revision	1							
Homework help		e homework and learning	routine					
Acquire in-depth know	ledge of subject	Enhance fine motor skills						
Further develop learning skills and boost concentration								
Cooking	Physical fitness	Science	Yoga & Dance	Show & Tell				
Handling utensils helps improve dexterity.  Encourages artistic expression through food presentation.  Understanding recipes fosters problemsolving skills.  Engaging with different textures enhances sensory development.	Develop gross and fine motor skills  Acquire control over basic movements  Understand the concepts of space and direction  Nurture an interest and habit of active participation in physical	Engaging in hands- on activities fosters a sense of discovery and wonder.  Experiments often involve predicting outcomes, testing hypotheses, and drawing conclusions, enhancing analytical skills.  Children learn to carefully observe changes and results, which is essential for scientific thinking.	Practicing mindfulness  Improve focus, memory, self-esteem and academic performances  Improve mental health in developing strong coping skills through breathing and movements to lower anxiety levels  For better posture, coordination, balance, and rhythm  Improve their flexibility	Exposure to new words and phrases enhances language skills.  Engaging with stories improves attention and listening abilities.  Encourage children to use their imagination to visualize characters and settings.  Speaking in front of peers boosts selfesteem and confidence.  Kids learn to express their thoughts clearly and effectively.				
Mathematics	Language	Language	Language	Art				
Reinforce concepts	Enhancement & Interview Class (Cantonese)	Enhancement & Interview Class	Enhancement & Interview Class (English)	Nurture creativity				
with content including numbers and counting		(PTH)		Explore mixed media				
Encourage logical thinking and different problem-solving skills  Practice creative ways of thinking outside of the box	提升學習中文的興趣 以互動遊戲提升幼兒 的自信心、表達能力 及加強社交技巧 提升聽、說、讀及寫 的語文能力	提升學習普通話的 興趣	Enhance reading, writing, speaking and listening skills	Use senses to explore surroundings				
		掌握普通話拼音的 標準發音	grammar, sentence structure and oral English  Fun and interactive mode of teaching  art and cult Think createx explore the ideas.  Can express	Raise awareness of art and culture				
		以互動遊戲提升幼 兒的自信心、表達 能力及加強社交技 巧		Think creatively and explore their unique				
Develop a stronger attention span and improve their focus through improved	模擬小一面試			ideas.  Can express their				
	深化知識的掌握與運用	提升聽、說、讀寫 的語文能力		thoughts and feelings				
cognitive functioning through mathematics		深化知識的掌握與 運用	Mock Interviews					